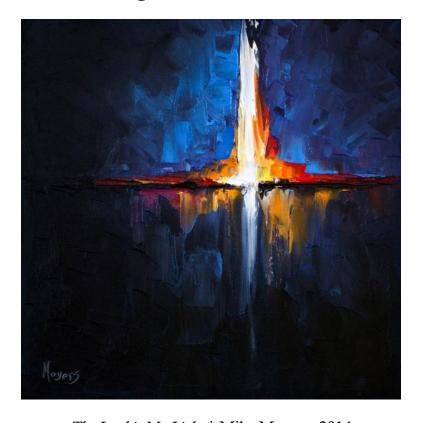
# Saint Thomas's Church The Fifth Sunday After Epiphany

Sunday, February 5, 2023 Sung Mass at 9:30 am



The Lord is My Light,\* Mike Moyers, 2014

## Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323

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\* Moyers, Mike. The Lord is My Light, from **Art in the Christian Tradition**, a project of the Vanderbilt Divinity Library, Nashville, TN. https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57135 [retrieved January 23, 2023].

#### Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.

The Altar flowers are given to the honour and glory of Almighty God: Those at the High Altar in loving memory of James and Ethel Baskin, and John Atkinson, by Betty Anne and family.

and

Those on the Lady Altar in loving memory of Jean and Joe Josselyn by Dan and Jeff Josselyn-Creighton.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit *qrco.de/smokytoms*. Scroll to the bottom of the webpage to fill out the online form. We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.

# **Celebrant & Homilist:** Fr. Shire **Reader:** John Stuart

# Interim Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS

Communion Service in F, Peter Aston

**VOLUNTARY** 

Herr Gott, nun schleuss den Himmel auf, BWV 617, J.S. Bach (1685-1750)

#### **GREETING**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

#### **COLLECT FOR PURITY**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The People stand.

#### KYRIE ELEISON

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

# GLORIA IN EXCELSIS DEO





#### THE COLLECT OF THE DAY

Let us pray.

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.** 

The People sit.

FIRST READING Isaiah 58.1-9a

A reading from the prophet Isaiah:

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

The word of the Lord.

Thanks be to God.

#### **RESPONSORIAL PSALM:** 112.1-9



Response: The righteous are merciful, and full of compassion.

Hallelujah! Happy are they who fear the Lord and have great delight in his commandments! Their descendants will be mighty in the land; the generation of the upright will be blessed. **R**/.

Wealth and riches will be in their house, and their righteousness will last for ever. Light shines in the darkness for the upright; the righteous are merciful and full of compassion. R/.

It is good for them to be generous in lending and to manage their affairs with justice. For they will never be shaken; the righteous will be kept in everlasting remembrance. R/.

They will not be afraid of any evil rumours; their heart is right; they put their trust in the Lord. Their heart is established and will not shrink, until they see their desire upon their enemies. They have given freely to the poor, and their righteousness stands fast for ever; they will hold up their head with honour. R/.

SECOND READING 1 Corinthians 2.1-12

A reading from St Paul's first Epistle to the Corinthians:

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him' - these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human

being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

The word of the Lord.

#### Thanks be to God.

The People stand. The choir will sing the first three Alleluias, followed by the people; a cantor will sing the verse and then all sing the final three Alleluias.

#### GOSPEL ACCLAMATION

Alleluia, Alleluia. I am the light of the world, says the Lord. Those who follow me will not walk in darkness, but will have the light of life. Alleluia, Alleluia, Alleluia.

THE HOLY GOSPEL: Matthew 5.13-20

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

Glory to you, Lord Jesus Christ.

Jesus said, 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. 'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

#### **SERMON**

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

#### THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: (Bow.) by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (Rise.)

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

#### **INTERCESSIONS**

#### Celebrant:

Almighty God, Transform the desires of our hearts by the riches of your grace, hear us call to you asking;

Lord God: Hear our prayers.

#### Intercessor:

For the Church and the World, in the ACP ---, in our Diocese ---, Andrew and Kevin our Bishops, and all who worship and minister in this place, as that your Christ is acclaimed the glory of Israel, your mercy will spread his light amongst all Creation.

Lord God: Hear our prayers.

For the thanksgivings offered here today, both silently and aloud ---, that we use the gifts the Lord has given wisely, multiplying his comfort and love.

Lord God: Hear our Prayers.

For the sick ---, and those others for whom our prayers are asked ---, that as your Son, who was rich, became poor for our sake; look with kindness on those suffering in body, mind, heart, or soul; healing as you may, offering joy and wholeness where it is desired. Lord God: **Hear our prayers.** 

For the dead ---, that as your Christ is the one in whom faithful servants find their peace: Look in mercy on the departed, who see your salvation.

Lord God: Hear our prayers.

#### Celebrant:

Almighty and everlasting God, who drew the gentiles to your brightness and made known to them the one who is our true light, the bright and morning star;

Fill the whole world we pray, with your glory, and by the radiance of your splendour reveal yourself to your faithful people; through Jesus Christ our Lord. **Amen.** 

# Invitation, Confession, & Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.** 

#### THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you. **And also with you.** 

The People remain standing for the hymn during the Offertory.

# OFFERTORY HYMN 401 – Immortal, invisible, God only wise

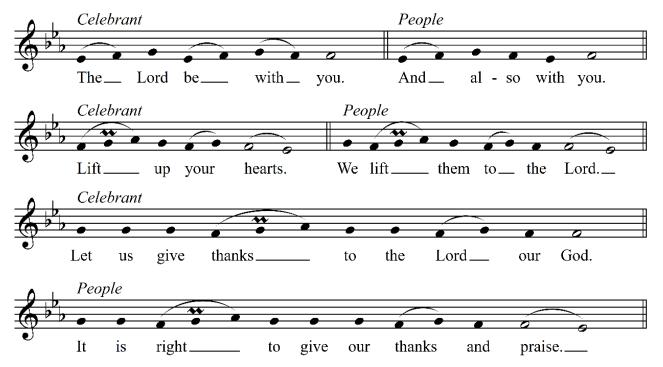
- 1 Immortal, invisible, God only wise, In light inaccessible hid from our eyes, Most blessèd, most glorious, the Ancient of Days, Almighty, victorious, thy great Name we praise.
- 2 Unresting, unhasting, and silent as light, Nor wanting, nor wasting, thou rulest in might; Thy justice like mountains high soaring above Thy clouds which are fountains of goodness and love.
- 3 To all life thou givest—to both great and small; In all life thou livest, the true life of all; We blossom and flourish as leaves on the tree, And wither and perish—but nought changeth thee.
- 4 Great Father of Glory, pure Father of Light, Thine Angels adore thee, all veiling their sight; All laud we would render: O help us to see 'Tis only the splendour of light hideth thee.

ST BASIL Healey Willan (1880-1968), 1918 Walter Chalmers Smith (1824-1908), 1867

#### PRAYER OVER THE GIFTS

God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. **Amen.** 

# THE GREAT THANKSGIVING

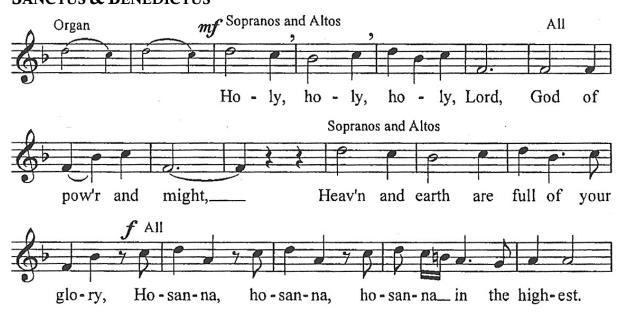


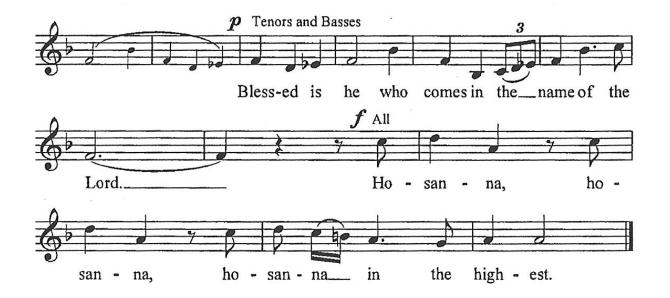
Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

In our unending joy we echo on earth the song of the angels in heaven as we raise our voices to proclaim the glory of your name.

The People and Choir sing,

#### **SANCTUS & BENEDICTUS**





The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

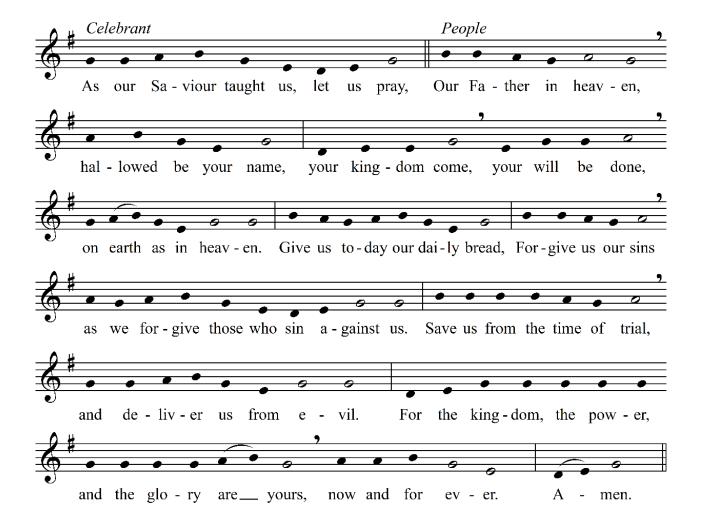
Therefore, Father, according to his command:

We remember his death, we proclaim his resurrection, we await his coming in glory. and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.** 

#### THE LORD'S PRAYER

Music by McNeil Robinson



#### THE BREAKING OF THE BREAD

We break the bread of life, and that life is the light of the world. God here among us, light in the midst of us, bring us to light and life.

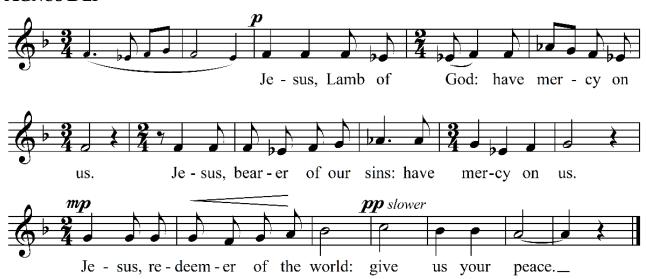
#### HOLY COMMUNION

The gifts of God for the people of God.

Thanks be to God.

The People and Choir sing:

#### **AGNUS DEI**



#### **COMMUNION INSTRUCTIONS**

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities, stretch forth thy right hand to help and defend us: through Christ our Lord. Amen.

(Collect for the Third Sunday after the Epiphany)

#### **COMMUNION DEVOTIONS**

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

#### **ANIMA CHRISTI**

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.

Within thy wounds hide me.

Suffer me not to be separated from thee.

From the malicious enemy defend me.

In the hour of my death call me.

And bid me come to thee,

That with thy saints I may praise thee,

For ever and ever. Amen.

The People stand.

#### PRAYER AFTER COMMUNION

Let us pray.

Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. **Amen.** 

#### Doxology

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

#### **BLESSING**

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.** 

#### **DISMISSAL**

Go in peace to love and serve the Lord.

Thanks be to God.

### **CONCLUDING HYMN 487** – Come down, O Love divine

1 Come down, O Love divine,

Seek thou this soul of mine,

And visit it with thine own ardour glowing;

O Comforter, draw near,

Within my heart appear,

And kindle it, thy holy flame bestowing.

2 O let it freely burn,

Till earthly passions turn

To dust and ashes in its heat consuming;

And let thy glorious light

Shine ever on my sight,

And clothe me round, the while my path illuming.

3 And so the yearning strong,

With which the soul will long,

Shall far outpass the power of human telling;

For none can guess its grace,

Till he become the place

Wherein the Holy Spirit makes his dwelling.

The people may be seated. Please maintain an atmosphere of reverent silence during and after the Voluntary.

**VOLUNTARY** Herr Christ der ein'ge Gottes Sohn, BWV 601 J.S. Bach (1685-1750)