NOTICES FOR THE WEEK OF MARCH 19, 2023 THE FOURTH SUNDAY IN LENT

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Saint Thomas's Church,

383 Huron Street, Toronto, M5S 2G5 416-979-2323

www.stthomas.on.ca office@stthomas.on.ca

Twitter: @stthomastoronto Instagram: smokytomsonhuron

Mattins at 7:30 am: Psalms 86 (BCP 439) & 87 (BCP 441); Exodus 1.8-14,22 - 2.10

& Luke 18.35 - 19.10

Canticles in Lent: Benedicite (BCP 26) replaces Te Deum;

Benedictus (BCP 9) replaces Psalm 100

Low Mass at 8:00 am: Pages 147 & 138, Introit: Psalm 122 (BCP 498);

Tract: Psalm 125 (BCP 499)

EVENTS AT A GLANCE

TODAY	LENT IV 7:30 am Mattins 8:00 am Low Mass (no music) 9:30 am Sung Mass (BAS) 11:00 am High Mass (BCP) 5:00 pm Evensong & Devotions (BCP)
Tues. Mar 21	Society of Mary – 6:15 pm (see article)
Wed. Mar 22	Young Adult and University Bible Study – 6:00 pm Lenten Lecture Recital Series – 7:30 pm
Sat. Mar 25	HIGH MASS OF THE ANNUNCIATION – 11:00 am (see article)
Sun. Mar 26	LENT V (Passion Sunday)
Tues. Mar 28	Advisory Board Meeting – 7:00 pm in the Parish Hall
Wed. Mar 29	Lenten Lecture Recital Series – 7:30 pm
Sun. April 2	PALM SUNDAY
Mon. April 3	THE WAY OF THE CROSS – 5:30 pm Baroque by Candlelight – 8:00 pm
Tues. April 4	THE WAY OF THE CROSS – 6:00 pm Rehearsal for Good Friday – 6:30 pm

SAINT THOMAS'S PUBLIC WORSHIP ON SUNDAYS

at 8:00, 9:30, 11:00 am, and 5:00 pm

All morning Masses are in-person. The 9:30 and 11:00 am Eucharists are livestreamed on YouTube, as is Evensong and Devotions at 5:00 pm.

THE COMMON CUP & LOW-GLUTEN HOSTS

As per Diocesan guidelines, communicants are asked *not* to dip the consecrated host into the chalice with their hand as an alternative to drinking from the chalice. St. Thomas's offers low-gluten communion hosts for those who have gluten allergies, sensitivities, or celiac disease. When approaching for communion, please inform the priest that you require a low-gluten host.

LENTEN PREACHING SERIES AT SUNDAY EVENSONGS

Running through the course of Lent we will be having guest preachers at our 5:00 pm Sunday Evensongs. These preachers will be giving short homilies on the appointed lessons to provide deeper reflection on the scriptures during this season. The roster of guest preachers includes:

March 19: The Reverend Doctor Geoffrey Ready: Director of the Orthodox School of Theology at Trinity College and Priest-in-charge of Holy Myrrhbearers Orthodox Mission.

March 26: The Right Reverend Doctor Stephen Andrews: Principal of Wycliffe College and Helliwell Professor of Biblical Interpretation.

Each preacher will bring their own experiences, education, and insight to help us understand and reflect on the various readings this season. We welcome our guest preachers and hope you will join us at Evensong this Lent.

SOCIETY OF MARY MEETING - March 21

Join us in the undercroft of St. Thomas's (383 Huron Street) on Tuesday, March 21 at 6:45 pm, as we continue to read and reflect on Rowan Williams' short book *Ponder These Things: Praying with Icons of the Virgin*. This will be followed by praying the Rosary together and a service of Benediction at 7:30 pm in the church.

All are welcome. Feel free to contact Jess at *jess.nee@gmail.com* with any questions.

THE SPIRIT OF MUSIC IN COMMUNITY: LECTURE-RECITAL SERIES Wednesdays in March, at 7:30 pm

This free series at St Thomas's features weekly Toronto performers, composers, and artistic directors throughout March. You can attend one or all of the evenings, by registering through our website at *www.stthomas.on.ca*. Click on the blue button that says 'To register for the above events, please click here,' and you will have an opportunity to register through Eventbrite. Presenters for the last two weeks are:

March 22: Waleed Abdulhamid – Sharing Our Voices: Everyone Can Sing! March 29: John Abberger – J.S. Bach at the "Other" St. Thomas's (Leipzig)

JOINT HIGH MASS FOR THE FEAST OF THE ANNUNCIATION Saturday, March 25 at 11:00 am

We will welcome parishioners, clergy, and musicians from St. Mary Magdalene's for a joint High Mass for the Annunciation on Saturday, March 25 at 11:00 am. Fr. Eric Beresford will be our preacher that day.

ADVISORY BOARD MEETING – Tuesday, March 28 at 7:00 pm

The Advisory Board is holding an in-person meeting in the Parish Hall on March 28. Please contact Andrew Gray at *agray@torys.com* if you have any questions.

TAX RECEIPTS

All 2022 donation receipts have been sent out. If you have not received either an email or a letter containing your receipt, please contact Kevin Blagrave *envelopesecretary@stthomas.on.ca* or call the office.

EASTER VIGIL RECEPTION COORDINATOR NEEDED

A festive reception will follow the Easter Vigil and we need one or two people to assist in its coordination, supported by the newly reconstituted Friar's Guild. Contributions toward the reception are most welcome. To volunteer, please e-mail Fr. Humphrey at frhumphrey@stthomas.on.ca.

CONFIRMATIONS AT THE EASTER VIGIL

Fr. Humphrey is pleased to announce that The Right Reverend Kevin Robertson, Bishop Suffragan of Toronto, will confer the Sacrament of Confirmation at the Great Vigil of Easter on Saturday, April 8 at 9:00 pm. As of this writing, we have ten potential candidates for confirmation or reception!

If you have not already received an email with confirmation preparation instructions and you wish to be confirmed (or formally received from the Roman Catholic or an Orthodox church in which you have previously been confirmed), please let Fr. Humphrey know as soon as possible via *frhumphrey@stthomas.on.ca* so that you can be added to the list of candidates and begin the preparation process.

YOUNG ADULT AND UNIVERSITY BIBLE STUDY

Young adults (20s-30s) and university students of all levels are welcome to participate in our weekly Bible study. We meet every Wednesday from 6:00 - 7:00 pm in the Fr. Freeland Room. We are currently reading through Ecclesiastes. Our hope is to offer a place of bonding and support for the shared experiences, questions, and struggles that face in their journey of faith, even as we are enriched by each other's unique paths and by our study.

In addition, we often meet for socials and other activities and events and they will be announced as they are scheduled.

If you're interested, feel free simply to drop in to our social or Bible Study night, or e-mail Fr. Shire at *frshire@stthomas.on.ca* if you have any questions. We look forward to welcoming you.

PRAYER & CARE REQUESTS

To submit prayer requests, please email *prayerandcare@stthomas.on.ca* or call Christine at 416-979-2323 x 4 to provide details. Please let us know whether you want the person included (1) on the weekly intercessions list to be prayed for daily at Mass and/or (2) in the private prayers of our prayer and care team. Let us know also if a follow-up might be required, or if you or someone you know would benefit from a clergy call or visit.

PARKING FOR ST. THOMAS'S PARISHIONERS

As some of you will remember, before the University of Toronto Schools began their renovations, St. Thomas's had an arrangement in place for parishioners to park in the lot behind the school (now accessible from Spadina) on Sundays and selected holy days.

We are now revisiting this arrangement, but there are certain changes. The rate (formerly \$50 per half year) is now \$3 per time (discounted rate). In addition, U of T Transportation has gone electronic. To access this offer, you register your account and email with the transportation department, and then forward your email to me through the church office (within the next two weeks would be appreciated). I will arrange with U of T to verify your account. At that point you will be able to begin claiming passes when you need them, and paying for them online. This must be done before each Sunday that you wish to park and before the two holy days we have asked for – Maundy Thursday (April 6) and the Easter Vigil (April 8). The second half of the year will be become available as we proceed.

Please see the Thurible for the guide as to how you can register your accounts and claim your passes (the guide will require you to send your emails to the City of Toronto), or if you don't get the Thurible, send an e-mail asking Christine to forward the guide to you at *office@sttomas.on.ca*.

Pat Kennedy

ALTAR MEMORIAL FLOWERS – Spring Dates Available!

Please contact the office if you are interested in having memorial flowers during the spring season.

The cost for High Altar flowers is \$125.00, and the Lady Altar is \$75.00.

Dates available following Easter include April 30 (Easter III - Lady Altar), June 4 (Trinity Sunday – Lady Altar), and June 11 (Corpus Christi – both the High Altar and Lady Altar). There are also several more 'holes' in the schedule over the summer, including the High Altar on the Feast of the Patronal (July 2, this year).

Please contact Christine at *office@stthomas.on.ca* if you are interested in one of the dates listed above, or are looking for a specific date at another time of the year.

PRAYERS BEFORE MASS

During the season of Lent, it is fitting for us to slow our pace and spend time quieting ourselves, that we may more fully turn our attention toward Christ. We encourage you to begin this time of worship with a few moments of recollection and stillness, preparing yourself – body and mind – for participation in this holy mystery.

You may choose to sit in silence, engage in your own personal devotion, or privately say the prayers below.

PRAYER OF SAINT THOMAS AQUINAS 1

Almighty, everlasting God, lo, I draw nigh to the Sacrament of thine only begotten Son, our Lord Jesus Christ. I draw nigh as one sick, to the Physician of life; unclean, to the Fountain of mercy; blind, to the light of eternal brightness; poor and needy, to the Lord of heaven and earth. I implore, therefore, the abundance of thine exceeding bounty, that thou wouldest vouchsafe to heal my sickness, to wash my defilements, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness; and that I may receive the Bread of Angels, the King of kings, and Lord of lords, with such reverence and humility, such contrition and devotion, such purity and faith, and with such purpose and intention, as shall be expedient for the health of my soul. Grant me, I beseech thee, that I may receive not only the Sacrament of the Body and Blood of the Lord, but also the substance and virtue of the Sacrament. O most merciful God, grant me so to receive the body of thine only-begotten Son our Lord Jesus Christ, which he took of the Virgin Mary, that I may be worthy to be incorporated into his mystical Body and accounted among his members. O most loving Father, grant me, that thy beloved Son, whom I now purpose to receive veiled from sight, I may at length behold for ever face to face. Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever, one God, world without end. Amen.

¹ Loren Gavitt, ed., *The Saint Augustine's Prayer Book.* Rev. ed. (West Park: Holy Cross Publication, 2005), 96–97

PRIVATE PRAYERS BEFORE MASS 2

In the Name \$\mathbb{A}\$ of the Father, and of the Son, and of the Holy Ghost. Amen. O great and good God, I have come into thy presence to share in offering to thee the great Sacrifice of thy Blessed Son, our Saviour, Jesus Christ (and to receive the Holy Sacrament of the Body and Blood of the same Jesus Christ) in remembrance of his life, death and Passion, and in thanksgiving for all thy blessings bestowed upon thy whole Church and on me a most unworthy sinner. I desire to offer (and to receive) with all the love and contrition of which I am capable, in conformity with those sacred intentions wherewith our Saviour instituted and our holy Mother the Church ever offers it. I wish, then, to offer (and to receive) it:

- 1) For thy greater glory;
- 2) For the continual remembrance of the Sacrifice of Christ;
- 3) To give thee thanks for all the blessings thou has bestowed, especially...
- 4) To ask thy help in any matter I have in hand, especially...
- 5) To ask thee to bless all my friends and relations, especially...
- 6) For the dead, especially...

Bless the Priest who is to preside at this oblation. Bless all the people who are here to participate in this glorious action, and all who would like to be here. Convert all sinners. Heal the anguish of the world. And have mercy upon all the faithful departed. O God accept all my prayers during this holy service of our bounden duty, for Jesus Christ's sake. Amen.

² Ibid.,	55–56
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HAVE YOU BEEN RECEIVING ST. THOMAS'S WEEKLY E-MAIL OF THE THURIBLE?

If not, would you like to? The easiest way to get on our mailing list is through our website, at *www.stthomas.on.ca/newsletter-signup*. Just fill in the form and click 'subscribe,' and you will be included on our next mailing (usually on Saturdays).



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit *qrco.de/smokytoms*. Scroll to the bottom of the webpage to fill out the online form. We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.

DAILY MASSES THIS WEEK

(BCP pages 67-86, 147, 138, Lent IV, Yr 1A) Ordinary Weekday Introit: Isaiah 66 & Psalm 122

(Antiphon) Rejoice with Jerusalem, and be glad for her, all you who love her / rejoice with her in joy, all you who mourn over her - that you may nurse and be satisfied from her consoling breast; that you may drink deeply with delight from her glorious bosom. (Psalm) I was glad when they said unto me, "We will go unto the house of the Lord." Glory be... (Repeat Antiphon)

MONDAY (20) *Comm.* (Violet) 12:15 pm *Cuthbert, Bishop of Lindisfarne, 687* Isaiah 65.17-21; Ps 30 (BCP 363); John 4.43-54

TUESDAY (21) *Comm.* (Red) 5:30 pm *Thomas Cranmer, Archbishop Canterbury, 1556* Ezekiel 47.1-9,12; Ps 46 (BCP 388); John 5.1-18

WEDNESDAY (22) Comm. (Violet) 12:15 pm Thomas Ken, Bishop of Bath and Wells, 1711 Isaiah 49.8-15; Ps 145.8-15 (BCP 516); John 5.19-30

THURSDAY (23) Comm. (Violet) 5:30 pm Gregory the Illuminator, Bp of Armenia, c. 332 Exodus 32.7-14; Ps 103.1-12 (BCP 460); John 5.31-47

FRIDAY (24) Eve of the Annunciation (White) 12:15 pm Wisdom 2.1a,12-22; Ps 34.15-22 (BCP 370); John 7.1-2,10,25-30

SAT. (25) *HOLY DAY* (White) 11:00 am *The Annunciation of our Lord to the Blessed Virgin Mary*See Service Booklet

SAINT THOMAS'S ANGLICAN CHURCH

383 Huron Street, Toronto, ON M5S 2G5 416-979-2323 office@stthomas.on.ca Website: www.stthomas.on.ca

Rector: Fr. Nathan J.A. Humphrey 647-947-6442; frhumphrey@stthomas.on.ca

Interim Associate Priest:

Fr. James Shire; frshire@stthomas.on.ca

Lay Pastoral Associate & Prayer & Care contact: Jess Nee, prayerandcare@stthomas.on.ca

Rector Emeritus: The Rev'd Roy A. Hoult

Honorary Assistant Priests:

The Rev'd Jeffry Kennedy & The Rev'd Ian D. Nichols

Parish Administrator: Christine Cover

Sexton: Elijah McNeilly

Director of Music & Organist: Elizabeth Anderson eanderson@stthomas.on.ca

Outreach Contact: Fr. James Shire fridayfoodministry@gmail.com

Rector's Warden: Carroll Guen Hart Deputy Rector's Warden: Lorne Swan People's Warden: Jessica Nee Deputy People's Warden: Phil Spencer E-mail: wardens@stthomas.on.ca

Co-Coordinators of Sidespeople:

Anneli Pekkonen: anneli@sympatico.ca Wendy Woodworth: wendyw@ica.net

Director of Livestreaming Operations:

Rigzin Tute: livestreaming@stthomas.on.ca

Web and E-Newsletter Editor: Julia Armstrong communications@stthomas.on.ca

Church and Hall Bookings: office@stthomas.on.ca