Saint Thomas's Church

Trinity XII Sunday, September 4, 2022

High Mass at 11 o'clock



St Paul in Prison, Rembrandt van Rijn, 1627 This painting is in a private collection

Saint Thomas's Anglican Church

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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.



The Altar flowers are given to the honour and glory of Almighty God:

Those on the Lady Altar in loving memory of Jimmy and Jean McCallum and Victor and Sylvia Mazar, from their granddaughter.

Celebrant: Fr. Shire

Deacon & Homilist: Fr. Humphrey

Reader: Maureen Somerville

Interim Organist & Director of Music: Elizabeth Anderson

MUSIC OF THE MASS – Missa Secunda, Hans Leo Hassler

Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.

PRELUDE: Prelude on 'Rhosymedre,' Ralph Vaughan Williams

The People stand as the choir enters the church during the prelude, sitting when the Choir sits. At the sound of the bell, all stand for the entrance of the Sacred Ministers.

INTROIT: Psalm 119, Pt 18, Ant. v. 137



- 137 Righteous art thou, O Lord, / and true are thy judgements.
- The testimonies that thou hast commanded / are exceeding righteous and true.
- 139 My zeal hath even consumed me; / because mine enemies have forgotten thy words.
- 140 Thy word is tried to the uttermost, / and thy servant loveth it.
- 141 I am small and of no reputation; / yet do I not forget thy precepts.
- 142 Thy righteousness is an everlasting righteousness, / and thy law is the truth.
- 143 Trouble and heaviness have taken hold upon me; / yet is my delight in thy commandments.
- The righteousness of thy testimonies is everlasting: / O grant me understanding, and I shall live.

Glory be to the Father, and to the Son, / and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, / world without end. Amen. Righteous art thou, O Lord, / and true are thy judgements.

The People kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Choir alone sings the Kyrie.

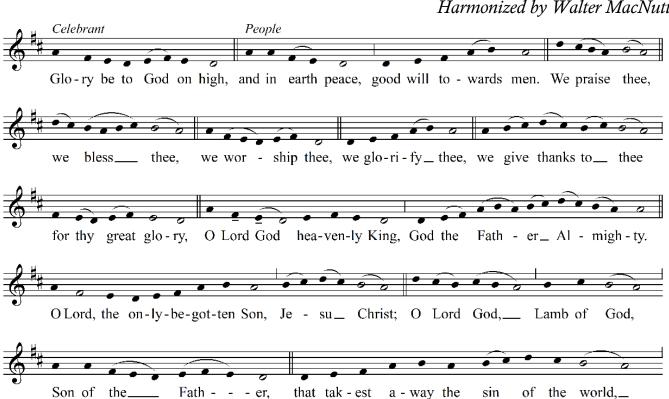
KYRIE ELEISON

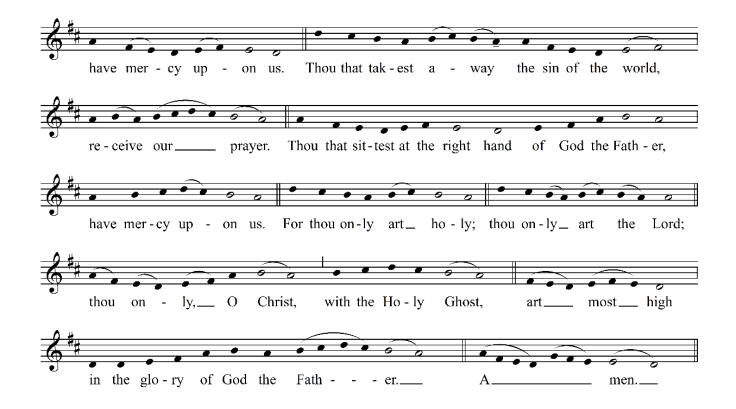
Lord, have mercy upon us. Kyrie Eleison. Christ, have mercy upon us. Christe Eleison. Lord, have mercy upon us. Kyrie Eleison.

The People stand. The People and Choir sing the Gloria.

GLORIA IN EXCELSIS DEO

Missa de Angelis Harmonized by Walter MacNutt





The People remain standing for the Collect.

COLLECT OF THE DAY

The Lord be with you. **And with thy spirit.** Let us pray.

Almighty and everlasting God, who art always more ready to hear than we to pray, and art wont to give more than either we desire or deserve: Pour down upon us the abundance of thy mercy; forgiving us those things whereof our conscience is afraid, and giving us those good things which we are not worthy to ask, but through the merits and mediation of Jesus Christ, thy Son, our Lord. **Amen.**

The People sit.

FIRST LESSON: Deuteronomy 30:15-20

The First Lesson is written in the thirtieth chapter of the book of Deuteronomy beginning at the fifteenth verse.

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

The word of the Lord.

Thanks be to God.

PSALM 139.1-5,12-18

Domine, probasti



- O Lord, thou hast searched me out and known me: / thou knowest my down-sitting and mine up-rising; thou understandest my thoughts from afar.
- 2 Thou art about my path and about my bed, / and art acquainted with all my ways.
- 3 For lo, there is not a word in my tongue, / but thou, O Lord, knowest it altogether.
- 4 Thou hast beset me behind and before, / and laid thine hand upon me.
- 5 Such knowledge is too wonderful and excellent for me: / I cannot attain unto it.
- 12 For thou didst form my inward parts: / thou didst knit me together in my mother's womb.
- 13 I will give thanks unto thee, for I am fearfully and wonderfully made: / marvellous are thy works, and that my soul knoweth right well.
- 14 My frame was not hid from thee, / when I was made secretly, and fashioned beneath in the earth.

- 15 Thine eyes did see my substance, yet being imperfect; / and in thy book were all of them written,
- 16 Even the days that were planned for me, / when as yet there was none of them.
- 17 How dear are thy counsels unto me, O God! / O how great is the sum of them!
- 18 If I count them, they are more in number than the sand: / when I wake up, I am present with thee.

THE EPISTLE: Philemon 1-21

The Epistle is written in St Paul's Epistle to Philemon, beginning at the first verse.

Paul, a prisoner of Christ Jesus, and Timothy our brother, to Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow-soldier, and to the church in your house: Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith towards the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother. For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love - and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back for ever, no longer as a slave but as more than a slave, a beloved brother especially to me but how much more to you, both in the flesh and in the Lord. So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

The word of the Lord.

Thanks be to God.

The People stand. The Choir sings the Gospel Acclamation, the People repeating the Alleluias.

GOSPEL ACCLAMATION



Alleluia. Alleluia. Let your countenance shine upon your servant : and teach me your statutes. Alleluia.

GOSPEL: Luke 14.25-33

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the fourteenth chapter of the Gospel according to Saint Luke, beginning at the twenty fifth <u>verse</u>.

Glory be to thee, O Lord.

Now large crowds were travelling with Jesus; and he turned and said to them, 'Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, "This fellow began to build and was not able to finish." Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.

The Gospel of Christ.

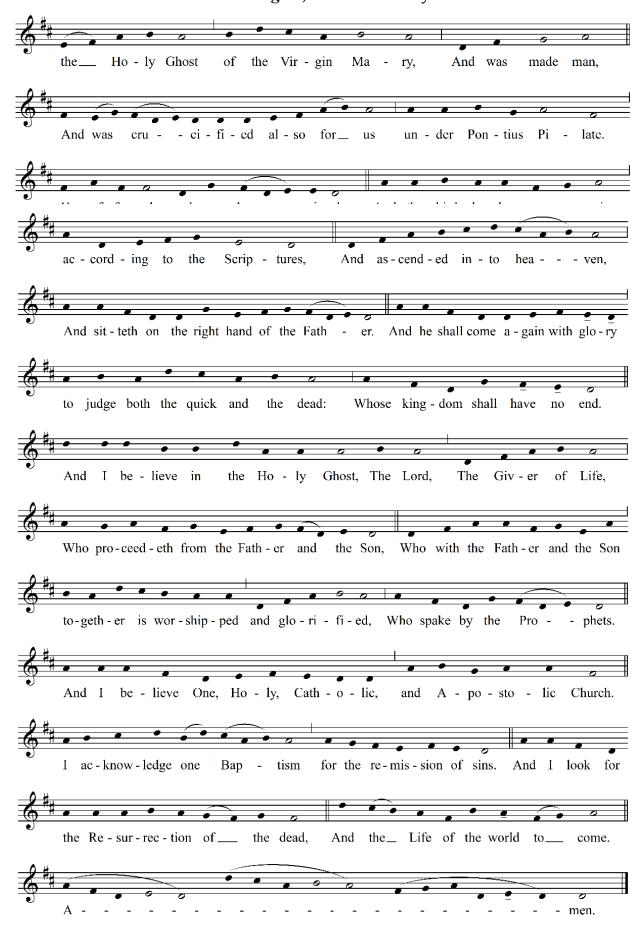
Praise be to thee, O Christ.

The People sit at the invitation of the Preacher.

SERMON

The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED Missa de Angelis, harmonized by Walter MacNutt



OFFERTORY SENTENCE

Offer unto God the sacrifice of thanksgiving, and pay thy vows unto the Most High.

The People remain standing for the hymn.

OFFERTORY HYMN 589 – Take up thy cross, the Saviour said

- 1 Take up thy cross, the Saviour said, If thou wouldst my disciple be; Deny thyself, the world forsake, And humbly follow after me.
- 2 Take up thy cross; let not its weight Fill thy weak spirit with alarm; His strength shall bear thy spirit up, And brace thy heart, and nerve thine arm.
- 3 Take up thy cross, nor heed the shame, Nor let thy foolish pride rebel; Thy Lord for thee the Cross endured, To save thy soul from death and hell.
- 4 Take up thy cross then in his strength, And calmly every danger brave; 'Twill guide thee to a better home, And lead to victory o'er the grave.
- 5 Take up thy cross and follow Christ, Nor think till death to lay it down; For only he who bears the cross May hope to wear the glorious crown.
- 6 To thee, great Lord, the One in Three,All praise for evermore ascend;O grant us in our home to seeThe heavenly life that knows no end.

BRESLAU
As hymnodus sacer, Leipzig, 1625

Rev. C.W. Everest, 1833

The People remain standing as the thurifer approaches for the censing.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

The People kneel.

Intercessions

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, for_____ according to the Anglican cycle of prayer, for_____ according to the Diocesan prayer cycle, and for all who serve and minister to God's people. (Silence.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

I bid your prayers for the Queen and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good. (Silence.)

Lord, in thy mercy

We beseech thee, hear our prayer.

I bid your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud _____ [We give thanks especially for_____.] May God's abiding presence be with us always, that we may be a blessing to all people. (Silence.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

I bid your prayers for all those in need, for the sick, and all those suffering in mind, body, or estate due to the ongoing pandemic; for victims of warfare and violence; for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked May God grant that they will be comforted by the ever-present love of our Lord. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.
I bid your prayers for the souls of the departed, especially who have died in recent days, and on their year's mind for, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.

Celebrant: Hear our prayers, O God, and through the ministry of thy Son free us from the grip of the tomb, that we may desire thee as the fullness of life and proclaim thy saving deeds to all the world. All this we pray through Jesus Christ our Lord. Amen.

Invitation, Confession, & Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The People remain kneeling.

EUCHARISTIC PRAYER



It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

Holy, Holy, Holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
† Blessed is he that cometh in the Name of the Lord.
Hosanna in the highest.

Sanctus, Sanctus, Sanctus, Dominus Deus Sabaoth:
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.
† Benedictus qui venit in nomine Domini.
Hosanna in excelsis.

The Celebrant continues,

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and

satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,



THE LORD'S PRAYER



FRACTION & PEACE

The Celebrant breaks the consecrated Bread.



HOLY COMMUNION

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir alone sings:

Lamb of God, that takest away the sins of the world, have mercy upon us.

Lamb of God, that takest away the sins of the world, have mercy upon us.

Lamb of God, that takest away the sins of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

MOTET

'O Jesu, King most wonderful,' Thomas Tallis

O Jesu, King most wonderful, Thou Conqueror renowned, Thou sweetness most ineffable, In whom all joys are found. O Jesu, Light of all below, Thou Fount of living fire. Surpassing all the joys we know, And all we can desire. Jesu, may all confess thy Name, Thy wondrous love adore, And seeking thee, their hearts inflame To seek thee more and more. Thee, Jesu, may our voices bless, Thee may we love alone, And ever in our lives express The image of thine own.

(From the Latin of St Bernard of Clairvaux)

The People may sit or kneel for the hymn.

COMMUNION HYMN 593 – When I survey the wondrous cross

- 1 When I survey the wondrous Cross On which the Prince of glory died, My richest gain I count but loss, And pour contempt on all my pride.
- 2 Forbid it, Lord, that I should boast, Save in the Cross of Christ, my God; All the vain things that charm me most, I sacrifice them to his Blood.
- 3 See, from his head, his hands, his feet, Sorrow and love flow mingled down; Did e'er such love and sorrow meet, Or thorns compose so rich a crown?
- 4 Were the whole realm of nature mine, That were an offering far too small; Love so amazing, so divine, Demands my soul, my life, my all.

ROCKINGHAM Adapted by Edward Miller, 1735-1807 Isaac Watts (1674-1748), 1707

The People kneel.

PRAYER AFTER COMMUNION

Let us pray. Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

The People stand.

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

CONCLUDING HYMN 384 – Praise to the Holiest in the height

- 1 Praise to the Holiest in the height,And in the depth be praise;In all his words most wonderful,Most sure in all his ways.
- O loving wisdom of our God!When all was sin and shame,A second Adam to the fightAnd to the rescue came.
- 3 O wisest love! That flesh and blood, Which did in Adam fail, Should strive afresh against the foe, Should strive and should prevail;
- 4 And that a higher gift than grace Should flesh and blood refine, God's presence and his very Self, And essence all-divine.
- 5 O generous love! that he who smoteIn Man for man the foe,The double agony in ManFor man should undergo,
- 6 And in the garden secretly, And on the Cross on high, Should teach his brethren, and inspire To suffer and to die.

7 Praise to the Holiest in the height, And in the depth be praise; In all his words most wonderful, Most sure in all his ways.

RICHMOND adapted from Thomas Haweis, 1792 by S. Webbe (the younger), 1770-1843

Cardinal J.H. Newman, 1866

POSTLUDE: Prelude in C major, BVW 547, J. S. Bach

The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.